The 500 Teachings I Heard

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Mateus Furlan

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Originally written in Portuguese

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1. There has never been a revolution without violence.

2- I studied at the best school, the internet.

3- Whoever talks about others to you, talks about you to others.

4- The enemy wears a suit and tie, and it's
the poor who kill each other.

5- From Socrates to Napoleon, rules have always been broken to facilitate
significant change.

6. To catch a criminal, think like him.

7- It's not what is known, it's what can be proven in court.

8- The process is already the result.

9- The human factor is the weakest link in security.

10- Learning is a process, never a product.

11- Everyone wants to be awesome, but nobody wants to.
pay the price.

12- Just because it's colder in Russia doesn't mean I'm not going to wear a sweater
here.

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13- When you lose everything, you become truly free; the more you have... the less freedom you have.

14- Love and hate go hand in hand.

15- Success usually comes to those who are too busy to be distracted by thinking about it.

16- Opportunities don't just happen. You create them.

17- Pure water doesn't contain fish.

18- The mediocre discuss people.
The common discuss facts.
The wise discuss ideas.

19- Remember that great achievements involve great risks.

20. Remember to dig the well well before you feel thirsty.

21- If you don't want anyone to know, don't do it.

22- Goals are achieved with 10% inspiration and 90% perspiration.

23- Active learning has more impact than passive learning; practice is much more important than theory.

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24- If you can't explain something in a simple way, then you haven't understood it either.

25- They show me a demotivated citizen, and all I see is someone who isn't causing problems.

26- Ask pessimists for money; they don't expect to get it back.

27- If a man smiles all the time, he's probably selling something that doesn't work.

28- Telling someone about your goal makes it less likely to be achieved.

29- Never forget why you started.

30- A tied-up horse also grazes).

31- In a world where billions of people believe that someone was resurrected 2,000 years ago, the word "madness" has lost much of its meaning.

32- Only dead fish go with the current.

33- Disobedience is the virtue for creativity.

34- Everything that has been created has come from a brain subject to flaws, therefore nothing is reliable and secure enough.

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35- I didn't fail, I just learned another way not to do it.

36- A man's worth is measured by the worth of his enemies.

37- It's difficult to explain the brain using the brain.

38- It's not a political or sociological problem, it's a psychological problem.

39- An ignorant person can do something impossible because they don't know it's impossible.

40- Understand the fundamentals of the business and you can transform it.

41- To have a good idea, you need to have a lot of ideas.

42- There are two words that can destroy anyone: "good job".

43- If you don't pay taxes, it's illegal.

44- If there's such a crisis, stealing must be a good business.

45- Only those who don't understand how the business works are afraid.

46- No matter the lie, there will always be someone who will believe it.

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47- The end justifies the means.

48- Sometimes, less is more.

49- Natural selection: it is not the smartest, it is the most adapted.

50- Knowledge is not a crime.

51- Better one small thing done well than ten things done halfway.

52- It's not theft, it's a refund.

53. Don't work with assumptions.

54- I only give work to the person who makes me want to work for them.

55- Don't clip their wings, teach them to fly.

56- If you want peace, prepare for war.

57- Don't give aid, give opportunity.

58- (Where there is high intellect there is introversion. Where there is low intellect there is extroversion.)

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Intelligent people are self-sufficient and generally ambitious; they are focused on being better and know that this will open all sorts of doors. of professional and social doors.

Less intelligent people are needy and dependent on the presence of others; they cannot be alone with themselves because They lack substance, purpose, and ambition to become someone in life. Because they don't understand the dynamics of life, they think that simply socializing is enough. and to be "good people" who will be loved and remembered by others.

Cold countries generally contribute to people's isolation. which in turn stimulates reflection and creativity in activities Solitary. The consequence of all this is increasingly self-improvement and intellectual enhancement.

Tropical countries generally contribute to the congregation of people, which in turn diminishes or even eliminates reflection and creativity, since the collective is always tumultuous and chaotic. The consequence of all this is less and less self-improvement and more intellectual weakness, caused by the adherence of behaviors to the opinions of the masses.

Psychologists and social scientists have known this for at least 100 years.

59- Two things are infinite: the universe and human stupidity.

60- It's not what you know, it's what you do with what you know.

61- That which is real is, by definition, possible.

62- When in doubt, attack first.

63- Psychology is not an exact science. The brain is constantly evolving; creating definitive behavioral definitions is nonsense.

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It's difficult to study the brain using the brain. Medicine has been cataloged for over 2,000 years and still has gaps; imagine psychology, which isn't even 150 years old.

64- When something is given a name, a meaning, it becomes something more objective and easier to understand; that's why the police give names to their operations.

65- The government invests in the fight against AIDS because rich people also eat deer.

66- The fox would never build a key that would lock her in forever.

67- Those who don't understand politics are controlled by those who do.

68- The bigger the lie, the greater the chance that everyone will believe it.

69- The maternal instinct present in all women makes them prefer bad boys. It's like the rebellious son they want to straighten out; if she grows up or already has children, this desire is softened, but it never disappears.

70- The most despicable are those who hide behind a mask of politeness.

71- You can act badly and produce happiness, and act well and produce sadness.

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72- Studying isn't meant to bring happiness; studying is painful, it's boring, it requires effort, but at least you learn.

73- Take all the time you need to figure out where you belong, but once you find it, don't back down for anything.

74- Most people exchange 30 days for the fifth business day.

75- If you want to win, you have to be willing to lose.

76- The US and other countries did not sterilize Native Americans and the mentally retarded simply out of prejudice; there was an awareness of not letting the country sink economically due to a lack of skilled labor, accumulating dependents amidst a small number of active workers.

77- After millions of years of submission, it's difficult for women to have within themselves the desire to dominate and know what they want.

78- Violence has always protected those who share ideas of peace, such as Gandhi and the Dalai Lama, and the reason there weren't many preachers of peace millennia ago was because they were too busy fighting and protecting their tribes. Gandhi, the Dalai Lama, and the...
Supporters had to faithfully thank the armies and the wars, because it was these things that, while protecting them, also provided a basis for their speeches about peace.

79- Go beyond the obvious.

80- A leader, in fact, is the one who was the first to act.

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81- Any animal can feel anger, but few can think.

82- If you choose the pleasure of knowledge, prepare to suffer. Want less pain? Go ahead, be part of the masses.

83- Imagine infinity, consider the possibility that every act you choose, you will choose forever. Then, all unlived life would remain within you. Unlived, for all eternity.

84- One does not hate while continuing to consider something as inferior, but only when one considers oneself equal or superior.

85- What is the difference between a prostitute and your wife?
To sleep with both of them, you need to have a minimum amount of money.

86- The state requires people to retire for almost 40 years, because at the end of that period old age arrives and brings the person closer to death, preventing there from being more dependents than active workers in the country's economy, thus avoiding hindering growth.

87- Origin of the wedding ring: the ancient Egyptians believed that there was a vein in the ring finger that was directly connected to the heart, so they placed a piece of metal on the ring finger.
to convey that one was connected to the other. It also served as a way of telling other men that the woman already had an owner.
They chose the heart to symbolize love because when we see someone we like, adrenaline (a hormone) increases, causing the heart to pump more blood, consequently making the person feel this organ more intensely.

It all starts in the brain; if it doesn't happen in the brain first, it won't happen in the body.

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88- Religion has monopolized human virtues and vices.

89- Politicians were created to solve problems that wouldn't exist without them.

90- I am not completely responsible for what I think, "something thinks in me". I forget something, then...
Thinking about it a lot, I remember, this is called the unconscious; it's the spotlight that illuminates the ocean of thought, whatever arises in my mind, and what controls it is the will to power.
Imagine if we had to think about every word in every image before uttering them; it would be difficult.
Things flow. "A thought by Nietzsche that influenced Freud to discover the unconscious."

91- There is no truth, what exists is an analysis of what I felt, what I thought and perceived about something.
There is no truth about that "something," there is only what I thought of that something and took as the truth, and all truth arises from the desire to "slow down" things, because we cannot bear the instability of the world.

92- Strategic thinking is that which anticipates problems and attempts to overcome them.

93- Cold is the absence of heat; only heat exists.

94- White is the union of all colors, black is the absence of color.

95- Darkness does not exist, it is merely an interpretation of the environment when light is absent.

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96- Humans began to think from the moment they started wanting to unravel complex things. Curiosity.

97- The "omniscient" God who told them not to eat the forbidden fruit, even knowing that they would eat it, gave to
Man has free will. And then he regrets something he already knew. Later, he sent the flood to wipe out the impure and fill the earth with good people, but the "omniscient" God apparently didn't foresee that he would populate the earth with the same idiots who had angered him the first time.

98- The truth always changes with time.

99- If you weigh your life and your feelings against the idea of God, in moments of weakness and emotional despair the scale will tip towards your life and uplift the idea of God; otherwise
Your life will be up there, and the idea of God down below.

100- With millions of years of civilization, we repeat a behavior and idea so often that it ends up becoming part of us.
of our instincts.

101- In relationships, people feel they are giving their power to the other person (human beings instinctively want power), which is why there is resistance in relationships, especially in modern times, times in which human beings have begun to place too much importance on themselves.

102- The more power a person has to distribute, the more they will attract. The less power a person has, or believes they have, the more easily they will enter into a relationship, because they don't have much power to value and

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Showing off to others is a form of competition, so you have to nurture it.

103- Yes, but someone has to do the job...

104- It's not the quantity of books you read, it's the type of book.

105- The more primitive the mammals, the more pronounced their sexual organs and desires are.

106- Lying down is the best way to evoke memories.

107- Living cautiously is also dangerous.

108- Humans may be the most intelligent animals in the world, but conversely, it takes two decades for their brains and bodies to fully develop.

109- The cat, an irrational animal, has no morals, only its instincts and follows them; it does not transcend its nature, whereas man does.

110- Having too many options leads to difficulties in choosing.

111- Altruism doesn't exist; all behavior is primarily aimed at self-pleasure. People do good to gain merit with God, since the word of God has no effect; we need to offer the promise of life or eternal suffering to have an impact on people, even when the idea of God doesn't exist.

For one God, doing good is necessary to feel good.

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Think of a depressed person as an example of a human being without self-love? Those who think that way are mistaken, because the fact that a depressed person doesn't go out and face life is because they don't want to feel discomfort; they think first of themselves, of their well-being, but without a doubt it's an irrational form of protection.
The fact that a father doesn't kill his son isn't because the son is special to him; perhaps secondarily, yes, but he doesn't do it because he would feel heavy emotions, a despair he doesn't want to experience.
It would generate reprisals, discomfort with his own self, and weaken him.

112- The Renaissance gave more people access to materials from the past, thus beginning a great production of works. More people = more minds thinking = more ideas. Right or wrong.

113- Great inventions are based on stubbornness.

114- Small things make big differences. A big wall is made up of small bricks.

115- Past, present, and future are an illusion; time is a way of organizing natural situations. Time only exists in a psychological and biological way. Time does not run forward or backward; there is only change in matter.

116- Considering time to be infinite, and the combinations of conflicting forces that form each instant to be finite, at some point in the future everything will repeat itself infinitely many times because there is no final target; if there were, we would have already discovered it.

117- Religion is what prevents the poor from killing the rich.

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118- You may be an atheist, but religious morality will still be ingrained in you.

119- Politics is about everyone badmouthing each other, and the only truth is that both sides are right.

120- If life is always unique, making tables is ridiculous.

121- You are only free when you do what you don't want to do, because that way you won't be a slave to the impulses of desire = instinct.
Morality is the way to transcend instincts and differentiate oneself from animals.
Happiness lies in instincts; like an animal, you don't need to think to be happy, you just follow your instincts.

122- Humor is used when there is nothing else to do, when your resources have run out.

123- Admiration is naiveté, because the person who admires thinks that they can never be admired in the same way.

124- Old age is seen as a defect and not as a stage of existence, due to the rise of youth since the 1960s.

125- It is easier to learn things that have practical applications.

126- Psychology is based on the inversion of values, on submission.
One can perceive a clear inferiority complex in psychologists, as they try to restrain the natural instinct, which is not one of submission.

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127- Don't focus on what the person said, focus on the problem they addressed.
"Plato presented the world of ideas = Plato spoke about metaphysics."

128- When there is a lot of emotion and expectation, we see things as they are not.

129- Aspirations will never end, no matter how many things we have already achieved.

130- Men make their own history, but they do not make it as they please; the tradition of all dead generations weighs like a nightmare on the brains of the living.

131- The most exploited are the mothers of our people. Their hands and feet are bound by economic dependence. They are forced to sell themselves in the marriage market, like their prostitute sisters in the public market.

132- "The engine of history is class struggle."

133- We will never become mathematicians (even though our memory holds all the proofs made by others), if our minds are not capable of solving all kinds of problems.

We would not become philosophers by having read all the arguments of Plato and Aristotle, without being able to formulate a sound judgment on what is proposed to us. Thus, in fact, we would seem to have learned not sciences, but histories. (Autonomy of the thinking subject.)

134- The difference between poison and medicine is the dose.

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135- Romantic love is dependent on your material resources.

136- Without the poor, politicians cannot make promises; without criminals, the police have no work.

137- Every path will be difficult; you think another path would be better because you've only seen the pain of the current path and not the other one.

138- Becoming rich has never been a matter of how much you save, but rather how much you earn.

139- To research and find information quickly, first go to the sources, whether physical or virtual. Reading the text directly has always been more helpful than someone else's interpretation.

140- Those capable of changing the system are not effective at it, because they themselves form the system, and kindness is usually accompanied by little intelligence.

141- The idea of the school is to present the teachings in a way that prevents you from associating them emotionally, "being happy only during recess."

Programmed to hate your job, boredom will make you unleash your urges by consuming, counting down the days until Friday.

142- The social system, relying on the ignorance and misinformation imposed on the public.
Health insurance plans fund these so-called "politicians," and they are tasked with sabotaging the healthcare system, making it a terrifying, under-resourced facade of torture par excellence, ultimately harming patients.

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but also of well-intentioned civil servants who suffer from planned shortages.

143- The monks, in essence, reached the highest degree of selfishness.

144- Are foods with "manipulative" chemistry, children's toys like construction toys, kitchen products... targeted at certain segments of society through price in order to transform them?

145- We sought help from the police because they prevent us from defending ourselves.

146- It's the quality/intensity of the training, not the quantity of training.

147- It is easier to learn a subject by following the timeline (literally from beginning to end), than by themes/subjects.

148- In general, people take a long time to get good at something because they don't create correct algorithms.

149- Exhale during the stretch, so the body stops resisting.

150 - Everyone is trying to teach you something that didn't work for them.

151- You didn't sleep with your grandmother to become your father's father.

152- Government and laws were created to organize man and eliminate dangers.

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153- All the division of knowledge that we see today is a result of the division of labor; both divisions triumphed in the 18th century, the century of the victory of industries.

In the past, the thinker discussed everything from physics to ethics; the separation process was fundamental for everything to be...
studied with more emphasis, so that we could discover things easily.
The problem is that this has hindered a complete understanding of something, because we separate things and deduce what wasn't naturally separate; we create a mental abstraction, for example, by separating economics from politics, ethics from biology, geography from cosmology...

The point is that things can't really be separated; they will always influence each other, and these influences aren't always equivalent.

154- Man is not what he does, but what he usually thinks every day, but since thinking and doing are linked, the first statement, by tautology, is correct.

155- Activities that are good for the brain according to research: reading, playing musical instruments, and playing video games (depending on the type of game).

156- To know, but not to be able to do, is not yet to know.

157- I believe there is a link between cowardice and forgiveness.

158- Elvis Presley's manager created badges that said "I hate Elvis" to sell and thus make money from people who weren't buying the singer's albums.

159- Lessons that are not learned through bloodshed are soon forgotten.

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160- To know a person's character, you have to draw their blood, put them in a completely desperate situation.

161- Every great idea is preceded by smaller ones, just as great achievements are.
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162- It was not the church's concern to preserve books; that was merely a consequence of its dominion over everything.

163- The obligation to do something takes away the desire to do it.

164- If Brazilian justice were truly blindfolded, it would shoot itself in the head.

165- Women enjoy sex just as much as men. Don't idealize them.

166- You know you have achieved superiority when the provocations of inferior beings do not affect you.

167- Shyness and ego are directly proportional.

168- You only improve if you fight someone better than you.

169- Sometimes the cost is too high for a benefit that I don't even know if it's worthwhile.
I would have.

170- After failure, everything seems foolish.

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171- The man proud of his skill thinks he will never be caught by simple details, and it is through this carelessness that he is always caught by them.

172- The strength of an army is not in its weapons, it is in its leader.

173- Write something that deserves to be read or do something that deserves to be written about.

174- Not all learning comes from books. The intellectual, spending his whole life only reading, is fundamentally a coward.

175- Anyone who wasn't a communist by the age of twenty has no heart, anyone who continues to be one after thirty has no brain.

176- Shame is born from empathy.

177- Never make the same mistake twice.

178- An intellectual without practical experience is, at heart, a coward.

179 - No half measures.

180- To discover the value of something, eliminate it from your life.

181- The bigger the enemy, the fewer scruples he will have.

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182- Democracy only works when the rich feel threatened.

183- I'd rather die fighting for a utopia than live for nothing.

184- Humility is only a virtue in a place where you don't need to be humble; otherwise, it's just a defense mechanism.

185- If the product is free, it's you.

186- Learn to say “no” without having to explain yourself.

187- If you have nerves of steel, you can endure anything.

188- Do the hardest task first, the others will be easy.

189- Always judge by actions; what is said can change, but what is done is done.

190- Being overly cautious won't get you very far.

191- Never tell me you became a criminal, murderer, or prostitute because you had no other option; there is pleasure in choice.
Humans who truly have no choice kill themselves.

192- Today, the behavior of the "emancipated woman" is similar to the behavior of a prudish seducer from the 80s.

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193- Worse than death is death in life. Death is certain, life is not.

194- Nobody complains when one animal becomes extinct because of another.

195- A bad day at chess is better than any good day at work.

196- Most of the great and early civilizations were metaphysical, but their success cannot be attributed to that metaphysics. In Egypt, they did not live by prayer; they lived by agriculture.

197- The longer you stay single, the more people are sleeping with your future wife.

198- Maternal love is an invention of the modern age.

199- The rich are very distrustful, they have a lot to lose, the poor do not.

200- I don't pay for sex, I pay for them to leave.

201- “I’m a millionaire, my girlfriend is 20 and I’m 80, it might be about interest, but a 70-year-old would be interested too. I prefer 20-year-olds.”

202- "She's with you for the money, - Me too."

203- For sex to happen, there has to be disrespect.

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204- If you believe that everything you do must have a purpose, you will soon need medication.

205- The stabilization of agriculture was the cause for the end of nomadism; ambition was created by the irregularity and periodicity of the seasons. The harvest was prioritized, and its quantity was stored in excess to survive the winter.

206- Radical means going to the root of things. The adjective of aggressiveness was created to discredit…

207- Security is imprisonment, freedom is risk. It's no coincidence that maximum security is the worst type of prison.

208- We will always have that feeling that something is missing.

209- The US has taxes focused on income and wealth, Brazil on consumption. The poor pay more taxes because they are the class that consumes the most in quantity. 2019:
51% of Brazilian taxation is on goods and services.

210- Cause and trigger are different things. The trigger is the reason that made something blossom immediately; the causes are always older.

211- We are accustomed to personifying countries. Countries are not people with a single personality and direction. Within a government, there are groups with opposing ideas, even if it is a dictatorial government. Analyzing countries as if they were people limits your analysis of the causes of a political effect.

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212- Initiative. Because there are certain orders that are not spoken.

213- Honesty may be the best policy, but it's important to remember that, apparently by elimination, dishonesty is the second best policy.

214- Never underestimate the power of stupid people when they are gathered in a large group.

215- That's why they call it the "American dream," because you have to be asleep to believe it.

216- In general, language is a tool for concealing the truth.

217- The act of sleeping is bizarre. You remain unconscious for hours "come out of yes".

218- For every man there is a bait that he cannot resist biting.

219- What is done out of love is always beyond good and evil.

220- Mothers, more than loving their children, love themselves in their children.

221- When you have a lot of resources, you think less.

222- Excessive stability leads to depression.

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223- The same area of the brain that controls pleasure also controls pain.

224- Most of the time we lack the motivation to do things.

225- After 15 days of doing nothing, the brain becomes less demanding and begins to find pleasure in these small things.

226- Medication doesn't work, but a change in routine does.

227- 90% of serotonin is in the gut, so what you eat also affects your well-being.

228- The world's best-selling medicine is the antidepressant.

229- If you don't have time to take care of your health, you'll have to make time to treat your illness.

230- The more something is used, the more extremely it has to be used to have the same effect.

231- Everything is related, but in its proper measure.

232- An individual has characteristics that will please half and irritate the other half.

233- Give women "freedom," and the number of taxpayers will increase.

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234- One way to succeed in adolescence is to outrage the previous generation. Parents are common targets.

235- The pain of discipline is less than the pain of repentance.

236 - One hour a day, every day, is better than 10 hours once a day.
week.

237- Thought sends information to the cells; thought is partly materialism.

238- Those who live with ease create fragility.

239 - Don't show your strength at the wrong time.

240- All specific, long-term planning goes wrong.

241- There is no worse enemy than a former friend.

242- Judiar refers to the Jew, implying that the Jew does harm (judia) to the other.

243- He who knows what he plants has no fear of what he harvests, for he will be prepared.

244- The number of pedophiles among evangelicals is immensely higher than among Catholics.

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245 - 5% is action, 95% is planning.

246- You either love it, or you eat it.

247- I write for the future generation, this one is already spoiled.

248- Power is how many people obey you.

249- Something only exists because it doesn't exist for everyone.

250- The future is a new idea, the future as progress. The messianic future existed, but it was linked to the idea of the end of the world, never to cycles.

251- Most people are always wrong, except for specific things, like choosing between two options.

252- Everyone has their own struggle. Don't expect help from others.

253- There are things that can never be justified. You just do them and never talk about them.

254 - It's not about time, it's about focused time. The difference between an Uber driver and a private driver.

255- Stupidity is a mercy from God.

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256- As soon as we share our knowledge, we start to like it a little less.

257- When the crimes of a nation are not punished quickly, the hearts of men are filled with plans to do evil. Ecclesiastes 8:11.

258- Process in the face of an irreversible calamity: anger, denial, seeking a solution, acceptance.

259- Life is what happens while you're busy making plans.

260 - Life up close is a tragedy, from afar it's a comedy.

261- Repertoire, life experience, comparison of theories = intelligent person.

262- Pillars of failure: 1- It's never your fault. 2- Someone will come along to save you.

263- Your lust cannot be a source of pride. Lust is irrational; it has no exact measurements. One can be aroused by sleeping with the neighbor, sleeping with another man, being slept with... What idiot would lower the moral standard to that level?

264- We learn much more when there is a reward or fear of not achieving goals.

265- Study hard at the beginning. Once the subject becomes almost obvious, the brain can learn faster and with less effort.

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266- Intelligence is more related to creation than to memory or repetition. Stepping outside your comfort zone creates connections between neurons; be challenged.

267- We have approximately 86 billion neurons, and a large portion of these neurons are not activated during a lifetime. From the moment we start doing exercises that break from our routine, we begin to activate these synapses.

268- The more senses we use to memorize and assimilate information, the more we reinforce that information in our minds.

269- Ignorance is audacious.

270- Education takes a long time to show its effects, but when it does, it becomes impossible to un-educate.

271- Since the 19th century, every problem whose cause is unknown is blamed on education.

272- It's not the effort that gives you gains, it's the right way. The effort comes later.

273- "That man has an answer for everything, he must be incredibly ignorant."

274- A smug smile and a soft voice are not signs of respect.

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275- Beware of Socrates, what if you get to know yourself and discover that you're worthless?

276- Any mentally retarded person can be a prodigy in mathematics, but they can't be Shakespeare. Literary language is the fundamental aspect of intelligence.

277- NGOs don't work precisely because if they solve the problem, they'll be unemployed.

278- Good memories from the past aren't as good as we imagine, and bad memories are far worse than we imagine. A defense mechanism of the brain.

279- Illegalism: Speaking about oneself in the third person = more objectivity, better thinking, problem-solving. We analyze others better than our own personal choices, which involve a lot of emotion.

280- We must stop associating virtue simply because we like the person.

281- Trying to understand things is the worst way to have fun.

282- Forgetting is a defense mechanism for the brain to conserve energy and focus on what matters.

283- A great life is the dream of youth fulfilled in adulthood.

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284- With some people you can't be polite, otherwise they'll put you in a straitjacket.

285- It may be the most wonderful activity in the world, but it's impossible for it to only bring you pleasure.

286- Between doing what you love and doing what you don't love but that makes money. These two things are poor measures of purpose. You should do what is your calling, which can give you money and pleasure, but are not your primary goals.

287- A large, comprehensive problem must be divided into several parts in order to be solved. Aristotle, Descartes, Leibniz.

288- Evil is an excess of good.

289- “I am bad and mediocre, the other is better than me, that relieves me.

I'm attracted to the criminal. I'm recognized in the other criminal, I become famous instantly.
"It takes effort to work hard, I'll hitch a ride on the other one."

290- I don't sell what I don't buy.

291- If it is cowardly for a man to retaliate, it is even more cowardly for a woman to attack someone who "cannot" defend themselves.

292- Many people are honest precisely because they are imbeciles.

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293- There is no emotional maturity outside of a certain level of intellectual maturity. Most people imitate stereotypes, and upon closer inspection, they are more deformed than a madman in an asylum.

294- Anger and fear are the same emotion. If the subject is stronger than you, you feel fear; if they are weaker, it makes you angry.

295- Much of the acceptance the West has of those it hates is simply fear of the envious. I'm good, but I have to say that you also have a chance.

296- It's crucial to know when to accelerate and when to brake; we achieve nothing with muscle alone.

297- Effort doesn't always lead to success; some people remain in a bad situation because of their virtues, and others "win" because of their vices. Success is much more a matter of temperament.

298- Never make a tramp your wife.

299- Sometimes done is better than perfect.

300- Always be ready so you don't have to get ready.

301 - Does a saddled horse only pass once?

302- Would Mike Tyson have been everything he was if he had met Holyfield in their first fight?

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303- You can't be the best in the world by being altruistic.

304- Training is my hobby, and fighting is the profession that allows me to support that hobby.

305- In romance novels, the characters have a certain life of their own; they are mirrors of reality, so they can't stray too far from mundane logic, otherwise it becomes science fiction.

306- The industry that sells intimate biographies of artists is so rich today that it produces the artists themselves, but without the art.

307- Even a broken clock is right twice a day.

308- The left is hypocritical because it has replaced the future of Christians with a progressive, worldly, and undefined future. Both Christians and leftists love humanity, but hate their fellow man; however, the latter is worse because he does not see sin in himself. The Christian, at least, accepts original sin.

309- Casa de ferreiro espeto de pau: a person skilled in a particular subject, but who does not use this to their advantage.

310- Just because it's a social construct doesn't mean it doesn't exist.
It's clear that everything is a social construct, but what underlies this social construct are instincts, biology, and hormones—unconstructed factors. The dog that cares for its offspring didn't have to read a book to acquire maternal love.

But the natural things also have to be learned, walking, talking.

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311- Weakness attracts aggression.

312- "School without political bias" is a term that creates a bad impression, implying that ideology can be eliminated; this is impossible. The very attempt to eliminate ideology is itself an ideology, specifically positivist ideology. The correct term would be "school without censorship."

314- We suffer more in our imagination than in reality.

315- Skill is not something you keep in a drawer; it has to be worked on every day.

316- If you wait for motivation to act, you're already dead.

317- My attitude matters. It changes the atmosphere. How I think, speak, and act directly affects the environment in which I live.

318- Outstanding individuals are those who fight driven by trauma.

319- There is no separation between exact and human sciences; human science, language, and high culture provide the basis for human beings to form conceptions that, without them, they would not understand a physics book. Someone who studies literature can be a good physicist, but a good physicist will never be a good writer or novelist.

320 - Fiction books before math books. Fiction helps you develop a sense of verisimilitude, to know if something is probable, possible...

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321- “There is no such thing as sex,” so how do you want to change sex?

322- There are not multiple intelligences, there is only one intelligence, the rest are skills.

323- The church fights against contraceptive methods so that many children are born and consequently much misery is created, thus it takes advantage of poverty to justify its existence.

324- The Brazilian integralists and fascists were not racists. Europe talks so much about racism in Brazil, but Brazil is closer to a racial democracy than the first world.

325- During the Old Republic era, it wasn't just black people who were unemployed; everyone was, because there were no jobs.

326- Communist thought today relies on whatever desires work, choosing whichever one is right. This was the case when they began to focus on the slow change of culture, contradicting armed revolution, which was Marx's a priori thesis.

327- The human mind is dialectical; when we think of good, we naturally think of its opposite. We cannot conceive of something without its opposite. The bed has the non-bed (floor, sofa, street…). But nature is not dialectical. “The seed is the thesis, the earth is the antithesis, and the plant is the synthesis.” Strange, since the antithesis could be humus, water. Anything can be anything.

328- Do what you're good at; only doing what you like is something a prostitute would do.

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329- Formal language is tradition; colloquial language only exists due to a lack of mastery of the former.

330- The upside of someone who is super skilled is low self-esteem; it always makes them train harder, visualize more risks, and try to overcome them.

331- Ignoring a woman's past is destroying her future.

332- Isolation through reflection, not through incapacity.

333- Don't feel sorry for someone who's down on their luck until you know why they're down on their luck.

334- If you speak any old way, the person will do it any old way.

335- The victim does not get a second chance.

336- Are you in favor of disarmament? Go disarm the drug dealer.

337- It was the Indian woman who exterminated the Indian. What woman wouldn't want to be supported and have a good life with a white man instead of living in savagery? Rape? Isolated cases on both sides.

338- When people want the impossible, only liars can satisfy them.

339- If your car breaks down in the middle of the street, people won't help you if you ask for a ride; they'll only help you if you push the car.

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340- Taking away your gun because the police are there is the same as taking away your fire extinguisher because the fire department is there.

341- Although the Nazis were cruel, gas chambers were not such a cruel way to kill.

342- Hitler was against a stereotype of the Jew, the caricatured, evil Jew who wanted to dominate the world. Since they didn't exist in large numbers, Hitler killed those who were there, fathers, mothers, merchants, children, people just like Germans.

343- The perfect is the enemy of the good.

344- Sidewalks reflect human development, walls reflect the fear of crime.

345- I'm not brave, I'm just tired of being afraid.

346- Impoverishing the people is economically irrational, but politically rational. The most difficult system of government to overthrow is the one that has the most money and power in relation to the people of the country.

347- A country where the majority of the population works in low-paying jobs is destined to never succeed. People need to focus their energy on creating, discovering, and questioning things, not spend it entirely trying to survive. Taxes levied precisely on basic everyday items are one such cause.

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348- Not everything is ideology, of course science is not absolute knowledge, it is not on the same level as religion, but it is an extremely reasonable body of knowledge.

349- Anyone who knows they are ignorant but tries to impose their ignorance is a bad person.

350- Newton did not say that gravity is the primary, causal force.

351- Radical Islamic leaders were heavily influenced by Sartre, Frantz Fanon… Intellectuals against the Western world. Islamic fundamentalism is a Western creation.

352- Preserving a book from antiquity or the Middle Ages is not the same as understanding it, since linguistic meanings also change as society changes. A word at the time could have had a different meaning, or the same meaning but with greater significance for one side than the other; we will never know.

353- Nowadays virtue means being nice, but its real meaning is being superior to others in some way.

354- Humans are the only beings capable of conceiving the infinite, therefore this human rationality must have an even firmer foundation behind it. Humans are the only animals that can thrive in any type of climate, country, plains, even on another planet; this human freedom has something profound behind it.

355- The norm of politeness in the bourgeois world is to ensure that one individual does not bother another; that is, one individual cannot be too different from another. Identical clothing (waiter uniforms), in

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During the Middle Ages, there was a variety of styles. This is natural for human beings. In the bourgeois world, you shouldn't draw attention to yourself. Etiquette rules put a straitjacket on human beings, which is why education in the Middle Ages aimed to make people as expressive as possible. To know how to speak before calculating.

356- Intelligence is influenced by body posture; if you are in a certain posture, have a different look... this will make you understand certain things better or worse.

357- Consciousness is not only in the brain, we don't see it.

358- Depression is a symptom (effect) that can stem from various causes (sometimes very different from each other).

359- Maturity means not needing the approval of others so much, just that of a few.

360 - Imposing some obligation on yourself is an antidote to depression. Too many benefits and too few duties (or vice versa) create an imbalance.

361- Socrates was a soldier and later a contractor. Thales of Miletus was a merchant. Thomas Aquinas was a priest, René Descartes was a soldier, and Leibniz was a diplomat.

362- The more organized society becomes, the more absurd things will happen; trees will become human beings and cats will have their names registered in the registry office. Nature and animals will gain divine respect in everyday life.

363- Money doesn't tolerate negligence.

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364- If the vagabond were good, he wouldn't be a vagabond.

365- There are 4 forms of reasoning (discourses, ways of thinking).
From the general to the most concrete, from the poetic to the logical. It was discovered by Aristotle and developed by a few authors, among them Olavo de Carvalho. Poetics, Rhetoric, Dialectic, and Logical form.

366- Nietzsche was more of a poet than a philosopher. He spoke not of "reality," but of the emphatic impression of things.

367- If you can determine something, it means that that something already existed before you determined it; at the very least, it already had something undetermined, something of its own.

368- Error: judging the past as better than it was, the present as worse than it is, and the future as better than it will be.

369- Everything said in a poetic way can be right and wrong at the same time.

370- Brazil is full of dictators with tiny balls.

371- The CLT treats the worker as if he were incapable of negotiating. Nobody is that naive when it comes to money.

372- Only humans think about things in parts, not as a whole. If the wrong thing is repeated several times, it becomes entrenched and nothing can change that.

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373- Brazil, the land of jabuticaba and censorship.

374- In Brazil, if you're away for a week it seems like everything has changed, but if you're away for 20 years you see that nothing has changed.

375- To be this good, you have to be crazy.

376- Women who have had many men seem to choose their next partner more out of revenge than out of sentiment.

377- To find out if a woman is promiscuous, look at her age and how long she has been in relationships (adding up the years of all the relationships). If she is 30 years old and dated one person for 3 years and another for 1 year (4 years), it means she spent 8 years single; she didn't spend 8 years playing with dolls. (implying that she started dating at 18).

378- Don't be the one who does the most, be the one who does it best.

379- Pareto's principle states that only 20% of the business is truly important.

380- Taking care of someone else's child is like being asked to pay the bill for an all-you-can-eat meal you didn't get to enjoy.

381- We will be forbidden to think so as not to offend idiots.

382- They pollute the water to make it seem deep.

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383- The rich only eat certain foods to distance themselves from the poor. I have difficulty accepting that they actually enjoy it.

384- Setting boundaries is about knowing your purpose.

385- Democracy in Brazil is so weak that it's constantly mentioned, just to see if it will happen.

386- Great things only happen when you feel highly uncomfortable. Going beyond the obvious.

387- If you're old you can't make mistakes, you won't have time to fix them.

388- Constant exposure to something creates insensitivity to it. The media that shows crimes on TV to "try to inhibit them" actually desensitize society, conforming people. It's like an air conditioner, it cools you down in a hot country while releasing air into the outside environment, heating the same country even more.

389- Complaining about cancer gives you cancer.

390- Those who are ashamed don't earn money.

391- Live your life well because you're going to spend a lot of time dead.

392- He who gives you little is better than he who promises you much.

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393- I don't run because I'm in a hurry.

394- If you ask for rain, you have to put up with the mud too.

395- Many fictional works provided a basis for historical behaviors.

396- Brasília has taken away the sense of Brazil.

397- Nazism wanted to control the bourgeoisie, communism wanted to kill it.

398- The revolutionary mentality predates communism; it began with Epicurus and then drew from Gnosticism...

399- It's not about communism vs. capitalism, it's about revolutionary mentality/megacapitalism vs. reality.

400- They appeal to sexual freedom to attract activists. In doing so, they forget about the state pressure that comes with it.

401- Gnosticism created revolutionary ideas from the moment it claimed there is something in the world that is always unknown and requires effort to see. In this way, the foolish Marxist ideas pass for "genius mysteries" that only the strong understand.

402- Kant makes the mind the center of everything.

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403- Most things lack scientific proof. Keep asking why about the reasons behind them, and you will understand. How many experiments have you conducted that prove your ideas?

404- The Ad Hominem argument always has an advantage with the masses.

405- Don't try to prove anything, just expose the other person's false premises.

406- Before debating the rogue, expose him for what a rogue he is.

407- In debates, people always want to create an impression without having to speak; bring that up.

408- Technology is also a tool that aids dictatorship. Radio, a simple technology. How would totalitarian countries prepare the ground for their ideas without it?

409- Language is not something in itself; it reflects reality.
But today it is used as a game, reflecting only the truth of one group.

410- The lack of awareness of immortality creates the mistake of focusing on earthly conduct, which is always changing since it depends on who is in power. It's a vicious cycle.

411- Revolutionary ideas change all the time, don't attack them, attack the people who defend those ideas.

412- The MTST will not become institutionalized if it is not exposed; it loses power.

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413- It is a confrontation between immortality and pseudo-immortality.

414- The intelligent person gets out of situations that the wise person doesn't even get into.

415- Stigma hinders change, it makes you think it's impossible.

416- The young person wants to work, but not under a CLT contract (Brazilian labor law).

417- You will never influence the world by trying to fit in.

418- If you don't help yourself, you'll never be able to help those you want to help.

419- A Formula 1 driver works fewer hours than an Uber driver, but drives better because they train properly, receive feedback, and focus on what's necessary…

420 - Find out what normal people are doing and do the opposite.

421- Most die at 25 and are buried at 75.

422- “Nobody makes a black Tarzan.” Woke culture doesn't want equal rights, it wants the destruction of everything.

423- We don't wear our clothes for ourselves, we wear them for others.

424- Cognitive dissonance is when your individual belief clashes with reality… and you prefer to follow the former.

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425- Lowering the level increases revenue. Airplane seats, products for gays…

426- Brazil grew much more during the Estado Novo and AI-5 periods.

427- For every (real) harasser, there are 20 men who are afraid to talk to women.

428- I unintentionally realized that a large part of my day in Brazil is shaped by the lack of public safety.

429 - Add value and solve a problem.

430- Brazil charges a tax on the heart for circulating blood.

431- It's difficult to win against the idiotic rhetoric of the streets.

432- An intelligent person commits a stupid act for two reasons. 1- due to bias, "prejudice". Like a communist who validates the theory of surplus value without reasoning outside the jargon. 2- strong emotion, when someone gives in to vice. There is a connection between the two things. A wrong can generate strong emotion, and vice versa.

433- Difference between Freud and Lacan. For Lacan, language organizes instincts and worldview. Both are right.

434- Who said that an author's main work has to be the longest?

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435- The original meaning of words reflected what people thought when the word originated, therefore it is the most accurate meaning...
Reflecting real feelings that were expressed through phonetics.
But for non-etymological purposes, it's always good to analyze what the word means in practice. That will be its real meaning.

436- Emotion came before reason, it created it.

437- Lie till you make it.

438- The PT is a party enslaved by the popular approval of imbeciles.
Therefore, they cannot do things very differently from what an imbecile would do.

439- The revolutionary speaks without concluding; this is the only way to validate his ideas. Leaving everything poorly explained makes us think that we are the fools, and we end up agreeing with the argument.

440- First war, then union; but we will only unite if one side wins.

441- Money emerged to facilitate exchange. Profit always existed, but it was used by merchants, not for common day-to-day exchanges. The profit margin was minimal, and most families were self-sufficient (agriculture).

442- The smallest minority is the individual. This smallest individuality would therefore deserve the utmost respect.

443- In a debate; never accuse an opponent of something serious without having practiced your response.

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444- "They agreed with everything, they just didn't like the word Nazi."

445- Set short-term goals, 3% every day, so you can clearly see each step of your progress. This will give you an idea of the speed of your progress, the difficulties, your strengths... thus increasing your motivation.

You could even create a line from here to the moon, but divide that line into small parts.

446- The most feminine way to show affection is to spend time together.

447- Constant remorse is often the arrogance of a mind that only wants to assert its superior conscience over others.

448- In Brazil, they measure your lips, see how dark your skin is, your coarse hair... A state like that has no need to declare itself racist.

449- To learn a difficult task, divide it into 10 easy parts.

450- Music is something so profound that it cannot be spoken about, but it also cannot be hidden.

451- The major financiers of communism weren't against the family, they were against other people's families. But obviously, the university students of "beautiful people" today really believe in ending the entire family.

452- Transfer your high skills from your field to others when you retire.

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453- Excitement leads to error.

454- If Mike Tyson were realistic about his body's capabilities, he would never have imagined himself capable of beating much larger fighters. Insane audacity saves lives and achieves victories.

455- There is no such thing as premature ejaculation; evolution aims to make fertilization as quick as possible. Men aren't fast, women are just slow.

456- Not all advice is good; often what seems helpful is just a projection of someone else's fear.

457- Prolonged comfort corrodes character.

458- Thought is a network, not a straight line.
After you accomplish something, you realize it wasn't as late as you thought.

459- The less value and chances of survival you think your children will have, the more children you will have.

460- The leftist doesn't hate you for being a Nazi, he hates you, and that's why he calls you a Nazi. While the right worries about how to argue correctly, the leftist is already planning where to dump your body. It's a fight between murderers and imbeciles.

461- Slow music makes people stay longer in the supermarket, restaurant...

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462- You can face social boycott for being racist, you just can't go to jail. This American law makes sense.

463- If you think something is expensive, wait until a politician offers that same thing for free.

464 - It's not the much, it's the right little. Pareto.

465- You react, but you don't act.

466- Never try to convince an imbecile to be consistent; if he were consistent, he wouldn't be an imbecile.

467- In war, the first casualty is truth.

468- An individual is the size of the truth that he is able to accept.

469- At school or at work, an unattractive woman will always be valued more than a handsome man.

470- It has to hurt like never before, so that it never hurts again.

471- It cost me so much to lose you, please don't come back again.

472- In science, always read the newest books; in literature, the oldest.

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473- You have to leave the island to see the island.

474- Some judges are very efficient; no one can persuade them to do justice.

475- If you hadn't made so many mistakes, you wouldn't have the maturity you have today.

476- "Lions are friendly, you should really be careful with chickens and ducks" – said the earthworm.

477- To dare is to lose one's balance momentarily. Not to dare is to lose oneself.

478- How admirable are the people we don't know very well.

479- I have silly fears and absurd courage.

480- "A woman's sixth sense never fails" – There are plenty of single mothers who would disprove that.

481- Not having children when you are unable to do so is also an act of love.

482- Keeping properly silent requires years of practice.

483- Don't anticipate your failure by indulging in the luxury of knowing your limits.

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487- The tree that wants to touch the sky will need strong roots to touch hell.

488- In any kind of training, the most important point is to free yourself from bad habits.

489- One should not pretend to know what one does not know, nor pretend not to know what one does know.

490- Conservatism means constancy and firmness; it is not for cowards.

491- Heaven has walls and strict immigration rules. Hell has an open-door policy.

492- Stupidity and wickedness have never been antagonistic terms.

492- Communism is not a great ideal that has been perverted. It is a perversion that has been sold as a great ideal.

493- Life gets harder and harder closer to the top.

494- Who, for the sake of their good reputation, has not already sacrificed themselves at least once?

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495- If we know what we want, we wouldn't want it very much.

496- What is least found in flirtation is love.

497- Don't spend too much time on small things, it makes you small.

498- Vanity leads us to do more things than our reason dictates.

499- If you have the right idea but no good arguments to defend it, it's better to remain silent.

500- Methods are the true riches.

Author Contact
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https://furlan007.blogspot.com
https://x.com/matias677346